# A DEEP LEARNING APPROACH TO DETECT RHEUMATOID ARTHRITIS USING X-RAY IMAGES AND BIO-MARKERS

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# **Keywords:**

Rheumatoid Arthritis, ACR/EULAR 2010 criteria, Deep Learning, Ensemble, Healthcare.

#### Introduction:

Rheumatoid arthritis (RA) is a chronic autoimmune condition that primarily affects joints, where the immune system mistakenly attacks healthy tissues, leading to symptoms like joint pain, swelling, stiffness, and impaired function. RA presents significant clinical challenges due to its persistent nature, potential for joint deformities, and systemic complications. Traditional diagnostic methods often lack accuracy and timeliness, prompting the need for innovative approaches.

To address these challenges, a novel system integrates deep learning techniques with multi-modal data, including blood biomarkers and therapeutic images of affected hand joints, aiming to revolutionize RA diagnosis and severity assessment. Leveraging a comprehensive dataset and considering symptom duration, this approach surpasses existing methods' limitations, offering superior diagnostic accuracy and early detection capabilities. Through rigorous evaluation, the system demonstrates reduced false positives and false negatives, improving patient outcomes and minimizing long-term joint damage. Additionally, this innovative system contributes to advancing the understanding of RA pathophysiology and treatment effectiveness by fostering scientific advancements through dataset development.

# Objectives of the project:

#### The objectives of the project are to

• Design and implement a seamless fusion mechanism integrating X-ray images with

- patient-specific biomarker data for deep learning input that provides scope for a Multi-Modal Data Integration Framework.
- Develop a Deep Learning Model optimized for medical image analysis, utilizing transfer learning and rigorous cross-validation for robust Rheumatoid Arthritis joint abnormality identification, providing a foundation for a Deep Learning Model tailored for X-ray Analysis.
- Create an integrated clinical decision support system leveraging ACR/EULAR 2010 criteria and deep learning outputs. Provide a user-friendly interface for clinicians with diagnostic outcomes, emphasizing the scope for integration with Clinical Decision Support.

Unify X-ray image analysis and biomarker-driven predictive models into a comprehensive diagnostic system. Evaluate diagnostic efficacy using sensitivity, specificity, and accuracy on a diverse dataset of Rheumatoid Arthritis patients and controls, emphasizing the potential for Hybrid Diagnostic System Integration in the final evaluation

# Methodology:

#### **Data Collection:**

- Acquire a diverse dataset of X-ray images depicting hands affected by Rheumatoid Arthritis (RA). Ensure the dataset includes a wide spectrum of severity levels to enhance model robustness.
- Gather relevant demographic and clinical data, including RF factor, Anti-CCP values, age, sex, and duration of symptoms, for each patient corresponding to the X-ray images.

## **Data Preprocessing:**

- Perform data cleaning and standardization to ensure consistency and eliminate potential biases.
- Annotate X-ray images to highlight joints affected by RA based on the ACR/EULAR 2010 criteria, creating a labeled dataset for training the deep learning models.

#### Web User Interface:

- Develop a user-friendly web interface to facilitate seamless interaction for users to upload X-ray images and input bio-marker data.
- Implement a backend system to handle user inputs, segregate image and text data, and pass them to the respective deep learning models.

#### X-ray Image Analysis:

- Identify cutting-edge deep learning models designed for object detection, including options such as VGG19, YOLOv5, and YOLOv8, and subsequently fine-tune the most appropriate model using the annotated X-ray dataset.
- Focus the model on detecting RA-affected joints in the hand, providing precise localization of affected areas.

• Implement an ensemble approach to combine the predictions of multiple models, enhancing the accuracy and reliability of the final output.

## **Serology Data Analysis:**

- Develop a deep learning model to process bio-marker data, including RF factor, anti-CCP values, and demographic information.
- Train the model to compare the input data with established normal ranges, identifying abnormalities indicative of Rheumatoid Arthritis.
- Implement a mechanism to consider overlapping symptoms and enhance the accuracy of early diagnosis.

## **Ensemble and Final Output:**

- Combine the outputs from the image analysis and text data analysis models using an ensemble approach.
- Generate a comprehensive report summarizing the observations made by the hybrid model.
- Provide a clear and interpretable output to assist healthcare professionals in making informed decisions regarding the presence and severity of Rheumatoid Arthritis.

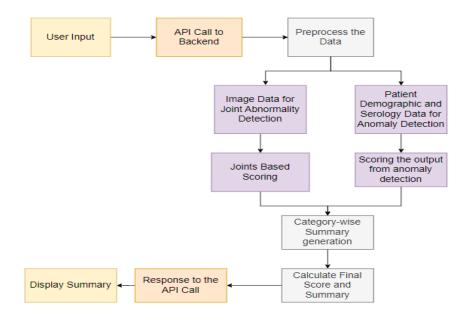
#### **Validation and Performance Evaluation:**

- Validate the models using a separate dataset to ensure generalization to unseen cases.
- Employ appropriate metrics such as sensitivity, specificity, and accuracy to evaluate the performance of each model and the ensemble system.

#### **Ethical Considerations:**

• Ensure the project adheres to ethical patient data privacy and consent guidelines.

Implement mechanisms to safeguard against bias in the models, especially considering the potential impact on patient outcomes



The overall pipeline of the proposed RA Detection System

#### **Results and Conclusion:**

The results section encapsulates the outcomes of the comprehensive system, encompassing joint detection, anomaly detection, and the synthesis of final diagnostic summaries.

The figure below comprises the original input hand X-ray image alongside visual representations of the deep learning model's output for joint detection. Within these visualizations, distinct bounding boxes delineate unaffected joints, depicted in green, and joints afflicted by RA, highlighted in red.

Additionally, each identified joint is accompanied by an associated score, reflecting the system's assessment of RA likelihood. Corresponding diagnostic messages contextualize the severity and implications of the detected abnormalities.



Input hand X-ray image Detected joints in the image Output message and score

A sample set of serology and demographic data are considered, each analyzed for anomalies. The system assigns scores and generates corresponding diagnostic messages, elucidating the detected anomalies and their severity and implications within the context of RA diagnosis, which are shown in Figure below.



Input serology and demographic data

Output message and score

The value of this initiative lies in its potential to meet a critical requirement in the medical realm by employing deep-learning methodologies for diagnosing Rheumatoid Arthritis. By integrating medical imagery with the hematological examination, the accuracy of RA identification is heightened, facilitating timely intervention and improving patient prognosis. The ramifications for healthcare are immense, as successfully deploying this initiative could transform RA diagnosis and therapy. Through the earlier detection enabled by the diagnostic instrument, health practitioners can intervene more effectively, potentially curbing the progression of RA and augmenting the quality of existence for impacted individuals

# Innovation of the Project:

Our project aims to revolutionize RA detection by following ACR/EULAR 2010 criteria, through the implementation of a sophisticated deep-learning model and ensemble decision trees. By harnessing the power of X-ray images and blood biomarkers, we've developed a cutting-edge solution that promises accurate and early diagnosis of RA, paving the way for improved patient outcomes and enhanced healthcare delivery.

## Scope for future work:

In future endeavours, several avenues for further research and development emerge from this initiative's groundwork. Firstly, refining and optimizing the deep learning models used for RA diagnosis could enhance their performance and robustness further. This may involve exploring novel architectures, incorporating additional data modalities, or fine-tuning hyperparameters to achieve even greater accuracy and reliability in RA detection. Secondly, expanding the scope of the diagnostic framework to encompass other rheumatic diseases beyond RA could broaden its applicability and impact. Investigating how similar methodologies can be adapted to diagnose other similar conditions, could

provide valuable insights into the broader landscape of autoimmune rheumatic diseases.

Overall, future work in this domain holds the potential to further revolutionize rheumatology practice, paving the way for more accurate, timely, and personalized diagnosis and treatment of autoimmune rheumatic diseases. Through ongoing research, innovation, and collaboration, the ultimate goal is to improve the lives of individuals affected by these conditions and advance the field of rheumatology as a whole